



CANADIAN FEDERATION OF UNIVERSITY WOMEN ETOBICOKE

CFUW is committed to:

- ★ The pursuit of knowledge
- ★ The promotion of education
- ★ The improvement of the status of women and human rights
- ★ Active participation in public affairs in a spirit of cooperation and friendship

Volume 37

Issue 1

SEPTEMBER 2010

GENERAL MEETING: 8:00 p.m.

Refreshments: 7:30 p.m.

Thurs. Sep. 9, 2010

Fairfield Seniors' Centre,
80 Lothian Ave.

EXECUTIVE MEETING: 7:30 p.m.

Tuesday, Sept. 7, 2010

Library, Fairfield Seniors' Centre.

CONTENTS

President's Message.....	2
Announcements.....	3-4
Ontario Council News.....	5
Etoobicoke Club News.....	6-16
Meet Your Executive.....	6-8
Urban Hero Award.....	8
Interest Groups 2010-2011.....	9-14
York University Endowment.....	14-15
Interest Groups, Current.....	16

Roster Advertisements:

you may advertise your
business/professional information
in the roster for \$20.00.

Contact Eleanor MacLean:
416.621.6763

General Meeting: SEPTEMBER 9

Come and sign up for your

Interest Groups

See Page 3 for details

The final submission date for the
OCTOBER issue of the newsletter will
be Monday, September 13, 2010.
Please send to Moira Hooegeveen,
7 Friar's Lane, Islington, M9A 1T6
Phone: 416.233.5198
e-mail: mohooeg@sympatico.ca

For Membership Inquiries, please call
Lee Fullerton at 416.850.0741 or e-mail
aylen@rogers.com. To reach our President
Pat Joyce, please call 416.622.5628 or e-mail
patjoyce103@yahoo.com

Membership Renewal Reminder

If you haven't already renewed your
membership for 2010-11 please **fill out
the form included with this newsletter**
by September 15th and send it with your
cheque to:

Lee Fullerton,
33 - 191 La Rose Ave.,
Toronto, ON M9P 3W1

or bring your completed form with your
cheque to the September General
Meeting. Thank you!

PRESIDENT'S MESSAGE...

Welcome back to all members and especially to those who have just joined us!
At the September meeting you have the opportunity to re-join interest groups and
select new ones. Our thirty-five Interest Groups provide opportunities to develop
new friendships, skills and knowledge. They are detailed in this newsletter. New
groups are welcomed and will be mentored by an experienced Club member.
Sign up in the Fairfield Library.

The Program Committee has developed an interesting and varied list of
speakers for the year which are listed in the blue brochure. Share this with a
prospective member. In October Peggy Nash, former Member of Parliament and
current President of the National NDP party, will speak to us about The Current
State of Parliamentary Democracy in Canada. You may bring a guest to this
meeting.

The National AGM was held July 15-18 in Ottawa. Rosemary Campbell
and I attended. The newly revised Board took office as did Brenda Wallace as
National President. The March Resolutions were scrutinized and voted on. I will
report on the proceedings at the General Meeting with a written report in the
October Newsletter.

At our General Meetings, the refreshments we enjoy beforehand are often
provided through the generosity of our members. We thank you for this. Each
month the Hospitality Convener needs volunteers to assist with set-up, clean-up
and the greeting of members as they arrive. We hope that many of you will sign
up for this. The December reception needs two or three Interest Groups to
volunteer to provide food. See the sign-up sheet in the Library or speak to
Elizabeth Penke.

Consider participating in CFUW at another level. Ontario Council organizes
Standing Committee meetings three times a year. The dates this year are
October 2, 2010, January 22, 2011 and March 19, 2011. The Club provides
some subsidy for registration.

The Fall Gathering of all Ontario Central clubs will be held in Scarborough
on October 30. Interesting speakers and workshops give
us an awareness of current issues. See the ads in the
newsletter or contact me for details.

Your Executive looks forward to meeting you at
Fairfield Centre, 80 Lothian Ave on September 9 at 7:30
p.m. for refreshments, Interest Group registration and the
collection of membership fees followed by a short
business meeting!

- Patricia Joyce



(Please remember that we request that you
register no later than September 15th.)

SEPTEMBER GENERAL MEETING

Come and sign up for Interest Groups

If you have already notified your convenor, you do not have to sign up at this meeting.

September 9, 2010 - 7:30 p.m.

Fairfield Seniors' Centre, 80 Lothian Ave.,
South of Bloor, 2 blocks east of Islington 416.394.8687

MAGAZINE FUNDRAISING CAMPAIGN

Magazine catalogues will be distributed at the September meeting. Orders will be collected at the October meeting. Our club retains 37% of the cost of each magazine after GST. They can be ordered for yourself or as a gift but the receiving address must be Canadian. A renewal order will carry on at the appropriate time. Any discount coupons are honoured when attached to the order.

Each year QSP provides prizes for our fall campaign. All CFUW participants will be entered in the draw. Internet orders can be made at anytime and our club will be credited with the profit.

www.qsp.ca Group Account #16530

Questions regarding your subscriptions will be answered by calling QSP Customer Service. 1.800.667.2536 or Nancy Bailey at 416.239.9904

CFUW BULLETIN BOARD AND NETWORKING TABLE

Please remember to read the information which is posted on our Bulletin Board at General Meetings. There is a variety of notices from our own club, The Ontario Council, CFUW National and IFUW.

This year we will again provide a networking space for members who wish to share business and professional information. This will be situated adjacent to the club bulletin board.

*Support local Terry Fox Run!
West Deane Park, Main Entrance
Sunday, September 19, 2010
9 a.m. to 1 p.m.*

COMING EVENTS...

Ontario Council, Canadian Federation of University Women
STANDING COMMITTEES

LEGISLATION - EDUCATION - STATUS OF WOMEN

Location: **Yorkminster Park Baptist Church, 1585 Yonge Street (2 blocks North of St. Clair Subway Station, East Side)**

Saturday, October 2, 2010

Future meetings will be held on January 22 and March 19, 2011. Mark your calendar! Our club subsidizes members who wish to attend. We share the responsibility of writing reports for our newsletter. For further information, or if you wish to attend the October 2 meeting, please contact Pat Joyce by September 22.

Ontario Council Central Region Fall Gathering

Hosted by CFUW Scarborough

See Page 5 for details

Advance Notice

October General Meeting - Date: October 14, 2010.

Speaker: **Peggy Nash**, Assistant to the President of the CAW.

Former MP. Currently President of the National NDP.

INTERNATIONAL DAY OF PEACE IS SEPTEMBER 21, 2010.

Since its founding in 1919 CFUW has worked to promote peace.

The International Day was established in 1981 by the United Nations General Assembly, which called for people around the world to use the day as an opportunity to promote the resolution of conflict and to observe a cessation of hostilities.

ONTARIO COUNCIL NEWS...

Ontario Central Fall Gathering WHAT'S HAPPENING!

October 30, 2010

Hosted by **CFUW Scarborough**

To be held at St. Thomas More Church, 2234 Ellesmere Rd. (one block east of Markham Rd.)

9:00 - 9:30 Registration and refreshments

9:30 - 9:45 Welcome

9:45 - 10:30 Keynote speaker

Professor Franco J. Vaccarino, Vice-President, University of Toronto, Principal, University of Toronto Scarborough, will describe what's happening on campus today and how we can support today's students

10:30 - 10:45 Break

10:45 - 11:30 First Session

Workshop #1 Ontario CFUW Clubs

Myra Willis, Ontario Council President, will tell us what's happening in other CFUW clubs across the province.

Workshop #2 Web presence

Michael Nettleton will show us what's happening in cyberspace today and describe how we can make use of this technology.

11:40 - 12:30 Second Session

Workshop #3

Valerie Hume, Ontario Central Regional Director, will lead an interactive workshop showing what's happening to inspire and energize the people around you to become leaders themselves.

Workshop #4

Kathleen McDowell, Student Development Coordinator, Management Co-op, University of Toronto Scarborough, will tell what's happening in Co-op programs today, the advantages of these programs and why it is an important part of current education.

12:30 - 2:00 Lunch

As we wrap up our day **Judy Suke**, will regale us with what's happening to create more joy in our lives.

2:00 Closing

The cost for the day is \$45.00

Contact person: Maureen Corby Maureen_corby@yahoo.com 416.431.7814

MEET YOUR EXECUTIVE:...



Pat Witol, Elizabeth Penke, Moira Hooegeveen, Barb Willoughby, Pat Joyce, Rosemary Campbell, Lee Fullerton, Helle Tosine, Fran Laphen, Pat Ferbyack. (Absent Joanne Jamieson)

PAT JOYCE - President and Programme Convenor

My working years were in education. I was a teacher-librarian which involved curriculum implementation and in-service work on the use of literature in the curriculum. In later years I taught Special Education classes at all levels. I have served as President before as well as Interest Group Convenor. I chaired the 50th Anniversary year-long celebrations and the Banquet that year. I chaired the Cards and Games Event to raise funds for scholarships to Humber. I chair the Program Committee. Club interest groups include bridge, badminton, cooking, and gardening. I play more badminton and attend theatre outside the Club and volunteer with the Art Table at All Saints Anglican Church Out of the Cold Program. It is a privilege to serve as your President.

BARB WILLOUGHBY - Vice-President

I joined CFUW 14 years ago when I was still working as a manager in a confectionery company that manufactured custom product. I've enjoyed the friendship and activities offered by our Club and even more since I retired. I have been a member of Revolving Books, Lively Arts 1, Five Star Investment Group, and the Issues Group. I have served as treasurer and look forward to working with our president and executive as VP.

ROSEMARY CAMPBELL - Past President

Since joining the club in 2003, I have enjoyed several interest group activities including Jaunters, Art in the Gallery, Badminton, and an Afternoon at a Movie Theatre. Also, I have enjoyed being on the executive as convenor for Hospitality, Interest Groups, then Vice-President. I have just completed a most interesting year as President and look forward to a year as Past President. *continued...*

ROSEMARY CAMPBELL -Past President (continued)

Working with the executive has been a real joy. In my paid working days, I was a nurse; my first employment was in Wawa. I worked as a public health nurse in the Campbellford area, then in CCU in Sudbury, ICU at St. Mike's, finally as a district nurse in west Toronto, mostly in Parkdale.

HELLE TOSINE - Recording Secretary

In January 2007, after 34 years of public service, most recently as Assistant Deputy Minister, Ministry of Labour, I 'retired' and joined the not-for-profit: The Learning Partnership, to lead strategic planning, policy and research. I've belonged to the CFUW for over 20 years, as a member of Interior Design and Cuisine Courante, made many new friends, enjoyed lots of adventures cooking and eating! I look forward to my second year on the executive, working with an excellent and committed team.

JOANNE JAMIESON - Treasurer

I have recently moved from Pickering to Mississauga (Port Credit) and have been a charter member of CFUW Ajax-Pickering for 22 years. I served 2 terms as RD for Ontario Central 2006-2010 and was also a member and Chair of the CFUW National Fellowships (Scholarships for women pursuing graduate studies) Committee 1998-2006 . A graduate of McGill University, I have worked for the past 33 years as a lab technician, presently in Teaching Labs at U of T. I look forward to being a member of CFUW Etobicoke !

PAT FERBYACK - Corresponding Secretary

I joined CFUW – Etobicoke in 2008, and began meeting other club members at the monthly general meetings and through Jaunters. In addition to joining the Executive this year as Corresponding Secretary, I am beginning a term as a trustee for the Charitable Trust. I look forward to working with this interesting and vibrant group of women. Before I retired, I worked at Humber College where I began as a faculty member and then moved into administration working primarily at Humber's Lakeshore Campus as Dean and Principal. Since retirement, I have had more time to enjoy boating and travel while continuing to do a bit of consulting work for Humber and volunteering in the Adult Literacy program at Toronto Public Library.

LEE FULLERTON - Membership Convenor

I joined CFUW in 2005 to find friends to share my new leisure time as I move from work at the Ontario Teachers' Pension Plan to semi-retirement as a part-time communications consultant. I've made many friends and enjoyed activities offered by the club, such as Bookworms, Lively Arts and Afternoon at the Movies. In addition to indulging my passion for travel and wine tasting, I helped organize trips to the Shaw Festival and Broadway for Lively Arts1.

MOIRA HOOGEVEEN - Newsletter Convenor

I've been a member for twenty-four years, but have known members of the club much longer than that, through the Community Channel in Etobicoke, where I worked as a producer/director, and where the club produced a monthly television program. I enjoy the Canadian Book Discussion and outings with Art in the Gallery, Jaunters, and Walking and Talking. A new interest is buying and selling books on the internet. This will be my 12th year as Newsletter Convenor.

FRAN LAPHEN - Interest Group Co-Convenor

Since joining CFUW Etobicoke in 2003, I have enjoyed belonging to the Afternoon at a Movie Theatre, Art in the Gallery and Jaunters interest groups. I have served on the Executive as Co-Convenor for Hospitality and Interest Groups and as a member of the Banquet Committee.

ELIZABETH PENKE - Hospitality Convenor

This is my 10th year as a member of CFUW. I value the friendships and activities offered to me over this time. I enjoy participating in Art in the Gallery, Jaunters, Revolving Books, Marathon Bridge and the Movie group. As Hospitality Convenor the past year, I believe that with the assistance of a team of regulars (Pat Waugh, Deidre Micallef and Eileen Schillenger) and monthly volunteers we were able to serve the members well. I look forward to another great year meeting, working with, and enjoying the company of the many wonderful women in CFUW.

PAT WITOL - Interest Group Co-Convenor

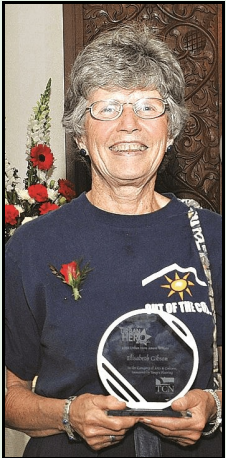
I joined CFUW Etobicoke in the late 70s when I was a stay-at-home mom and discovered that CFUW activities were a key to my sanity. Now, as a retired teacher of English as a Second Language to adults for the Toronto District School Board, I am again at home and I still consider CFUW to be an important part of my life. Over the years I have served as Interest Groups Convenor, Treasurer, and President (2003-05). I am pleased to be on the executive again as Interest Groups Co-convenor with Fran Laphen. Life truly is a circle.

PEGGY PINKERTON - Issue Group Representative

I am on the fringe of the executive as non-voting representative of the Issues Group, to keep it and the Executive from stepping on each other's toes.

ELISABETH GIBSON,
a member of CFUW Etobicoke, has won the Urban Hero award given by the Etobicoke Guardian in the Arts and Culture category.
She is a talented artist who organizes an art table at the Out of the Cold program at All Saints Anglican Church on Prince Edward and Bloor every winter. Numerous CFUW women assist her in this endeavour each week and help her to run the sale of clients' paintings at the end of March. The sale marked its ninth anniversary this year.

Congratulation Elisabeth!
(Photo courtesy of The Etobicoke Guardian and photographer Nicola Betts)



Elisabeth Gibson

INTEREST GROUPS INFORMATION

Interest Groups' Convenors:

Fran Laphen 416.622.9168
Pat Witol 416.620.4065 witol@rogers.com

Following are descriptions of the interest groups that will be meeting this coming year. We look forward to your enthusiastic participation in the groups but remember that the goal is less time in line-ups. If you have already indicated your interest in your present groups you do not need to sign up in September. If you are interested in joining other groups contact the convenor prior to the September meeting, if possible. Those groups looking for new members will have sign-up tables at the September meeting, but a call ahead will ensure you a place.

All members of Interest Groups must be members in good standing of CFUW Etobicoke. To ensure your name is in the roster, dues should be paid by the October meeting. Deadline for payment of dues to CFUW is October 15th.

THE ARTS

Art in the Gallery

Convenors: Tish Harrison 416.239.3423 dickandtish@rogers.com
Linda Rose 416.669.5519 ENFJ50@hotmail.com

Members take turns planning programs for a day's outing to visit local or nearby museums, galleries and artists' studios on the 4th Wednesday of the month.

Afternoon at the Movies at Home

Convenor: Eleanor MacLean 416.742.2907 3delta@sympatico.ca

This group meets on the second Tuesday of the month in our homes to view DVDs or videos of interest – new, old or foreign. We would be pleased to have a few more join us. Please phone the convenor.

Afternoon at a Movie Theatre

Convenors: Anne Hendriks 416.620.7641 ahendriks@rogers.com
Carolyn Bailey 416.622.0670 carolynhbailey@rogers.com

On the first Wednesday of the month we attend movies at local or downtown theatres. Each month three different members of the group volunteer to choose a movie and arrange a group lunch at a restaurant beforehand if feasible.

Lively Arts I

Convenors: Lydia Bell 416.769.6777 lydiajanebell@yahoo.ca

New members are welcome to Lively Arts I, which meets the 3rd Wednesday evening except September, December, July and August for outings to live theatre, musical and dance performances and films. The group has travelled to New York City and the Shaw Festival.

Lively Arts II

Convenor: Audra Hudek 416.233.6787 audra@hudek.org

New members are welcome to meet with us the 4th Thursday evening of the month (no meetings in December or March). Members of the group plan a theatre night; choosing the performance, buying and distributing the tickets. Often members arrange to meet beforehand for dinner at a nearby restaurant. Guests welcome when group rates are available.

BOOKS AND DISCUSSION

Revolving Books

Every four weeks from October to June, books are "revolved" within groups of approximately 10 persons. Four weeks after picking up your first book you will pass that book to the next person in your group while another person will pass on to you your second book to read. The last book you receive in June is yours to keep.

New books will be on display at the September General Meeting and members must sign up then to be included in the group. We ask each group member to pay \$35.00 at the time of the meeting, cheques to be made payable to **Betty Sheils**. If you are unable to attend that meeting, call any of the convenors and make arrangements now. ***The first Saturday after the General Meeting is the last day you may join.***

By paying for the books in full, by cash, at the time they are picked up at the book store, we are able to get a good discount. When the first book is picked up an envelope will be included containing a rebate for the difference between the \$35 and the average cost of the books.

Convenors:	Betty Sheils	416.232.0840	Nance Hutton	416.239.2508
	Ann McElhinney	416.239.9683	Lynda Robinson	416.232.2213
	Helen Cleland	416.234.9162	Cathy Sbrolla	416.742.2077
	Diane Hercus	416.621.5660		

Afternoon Book Discussion

Convenors: Mary Mahoney 416.763.2340 marymah@execulink.com

Enjoy reading? Come and discuss books on the 4th Tuesday at 1p.m. (Eight books a year.) Worldwide context chosen by members, which leads to stimulating and even heated discussion. We have room for a couple of more members.

BGT LIT

Convenor: Peggy Pinkerton 416.239.2517 pinkrtn@pathcom.com

An afternoon book group that meets on the 1st Tuesday at 1:30. Type of books will be decided by the members of the group. We welcome new members.

Bookenders

Convenor: Pat Witol 416.620.4065 witol@rogers.com

We meet the third Tuesday evening of the month to discuss a wide variety of books. New members are most welcome.

Bookworms

Convenor: Judy McCormick 416.769.1346 fortuna.mccormick@sympatico.ca

A lively group of women who enjoy reading and discussing books selected from a wide field. We meet the 4th Tuesday evening of the month, and welcome new members.

Canadian Book Discussion Group

Convenor: Beth Croft 416.239.3883 iscroft@rogers.com

We specialize in books by Canadian writers, with one evening designated for a non-Canadian writer. We are not able to accept new members at this time.

Horizons Book Discussion Group

Convenor: Ann McElhinney 416.239.9683 annmce@sympatico.ca

We meet the 3rd Tuesday afternoon of the month to discuss a wide variety of books. New members are welcome.

Play Reading

Convenors: Mary McCall 416.232.2932
Avery Fleming 416.239.4062 jaflem@sympatico.ca

Meets on the first Monday afternoon, October to June, in members' homes to read (not act) current and classic plays. This is a congenial group that allows its members to indulge their interest in the stage without worrying about making fools of themselves. Due to the difficulty of getting copies of the plays, we are closed to new members.

CARDS AND OTHER GAMES

Social Bridge

Convenors: Edith Sawyer 416.247.7890 edith.sawyer@gmail.com
Janet Stammers 416.766.8853

New members are encouraged to join our enthusiastic group of players as we attempt to hone up our skills and enjoy the experience. Each Wednesday at 1:30 p.m.

Bridge – Marathon/Social

Convenor: Elaine Dulmage 416.232.1716 erdulmage@rogers.com
Bev Judson 416.248.0123 jbjudson@hotmail.com
Pat Sutherland 416.233.3854

New members are welcome. You and your partner play with a different couple at each of 8 afternoon games that are arranged at the convenience of the players, and all take turns being hostess.

Duplicate Bridge - 1

Convenor: Elinor Fillion 416.762.1479 e.fillion@rogers.com
Meets 1st and 3rd Monday of every month at 7:30 p.m. Spares are needed.

Duplicate Bridge – 2

Convenors: Marilyn Wood 416.247.6777 merlesw@rogers.com
Kathleen Lyne 416.781.8973 kblyne@rogers.com

Meets the last Monday of the month at 7:00 p.m. Substitutes are welcome.

Duplicate Bridge – 3

Convenor: Ruth Methven 416.233.4730
Meets 2nd and 4th Monday evening of every month.

Duplicate Bridge – 4

Convenors: Janet Douglas 416.231.5513 jdouglas_4@sympatico.ca
Meets 4th Thursday evening of the month. Substitutes are needed.

COMMUNITY SERVICE

Meals on Wheels Task Force

Convenor: Ann McElhinney 416.239.9683 annmce@sympatico.ca

Would you like to join the Task Force? Last fall several members volunteered to deliver MEALS ON WHEELS on behalf of CFUW-ETOBICOKE. The club logo is displayed on name badges and a record kept of our accumulated volunteer hours. The purpose is to increase our profile in the community, help where we are needed and have some fun. Delivering MEAL ON WHEELS can be lots of fun! It involves a two-hour commitment over the noon hour, on the day of your choice, either weekly or bi-weekly. If you are interested contact Ann McElhinney

COOKING AND CUISINE

Meet & Eat

Convenor: Beth Elysee-Colle 905 629.3905 eaelyseecollen@aol.com

A group that meets five or six times a year, on the 3rd Monday of the month for dinners in each others' homes or to try new experiences in restaurants. We have room to take a few new members. Call Beth.

Dining Out

Convenors: Betty Sheils 416.232.0840
Mary-Louise Sutherland 416.626.7261 416.738.0203 mary-louise@sympatico.ca

The Dining Out group's purpose is to give members an opportunity to enjoy the cuisine of some of the fine restaurants in and around Toronto. There are opportunities to take in the local atmosphere, as well as to enjoy a delicious lunch. This group meets at noon the last Thursday of each month. We are not able to take new members, but would be happy to help a new group get started.

Dining Out II

Convenor: Linda Rose 416.669.5519 ENFJ50@hotmail.com

This is a new group which will meet the third Thursday of the month. We will ask members to take a turn throughout the year in arranging a restaurant lunch for the group.

Cooking for Fun- 1

Convenors:
Pat Bruce 416.621.0186
Nancy Rogers 416.249.5999 buddrog@rogers.com

A luncheon group that meets the 3rd Monday of each month to share delicious food, recipes and stimulating conversation. At the moment we are not able to accept new members, but if a similar group wished to get started we would be happy to help them.

Cooking For Fun- 2

Convenor: Joyce Monro 416.239.0192 alec@monro.ca

A friendly group meeting the 1st Monday afternoon of the month for sociability and to share recipes for simple and delicious fare provided by team members. We are always happy to learn of others interested in the quest for food and would be happy to help a "Cooking for Fun 3" group start up.

Cuisine Courante

Convenors: Linda Johnson 416.622.8170 lc.johnson@sympatico.ca
Ruth Norman 416.621.4804 Johnandruth.norman@sympatico.ca
Nadia Smylski 416.233.5536

Meets 1st Tuesday evening of the month and attempts to follow the current trends in food by exploring a variety of food-related experiences. All members participate by helping organize a demonstration, a hands-on experience or dinner at an interesting restaurant. We are unable to accommodate new members at this time.

Gourmet III

Convenor: Cathy Sbrolla 416.742.2077 ctsbrolla@rogers.com

We meet on the 3rd Monday evening of the month, but have our full quota of 10 members at this time.

FITNESS AND FUN

Badminton

Convener: Olga Shiels 416.742.2667 pergola@rogers.com

..."Come for laughter, come for fun.

In no time, you'll get into the game, and get some exercise too,

as you swing that racket and hit those 'birds'."

We meet every Wednesday afternoon from 1:30 to 3:30 on two courts at Islington United Church, on Burnhamthorpe near Dundas. There are all levels of play and friendly members willing to teach newcomers. It's a lot of fun and some good exercise. Come as often and play as long as your schedule allows. Try us out and see for yourself!

Walk and Talk

Conveners: Marney Showalter 416.769.9953 mshowalt@magma.ca

Evelyn Silvester 416.233.1725

Welcome to new and returning members. For time and location of the walk, each Tuesday morning, please call the organizer the day before. All are welcome even if you haven't signed our roster. Bring a brown bag lunch.

Jaunters

Convener: Debby Wright 416.239.4956

Jaunters enjoy daytime outings the 3rd Tuesday of the month. We choose places of interest to explore such as museums, historical sites or art displays in and around Toronto. We have lunch, of course! In March we plan the next year's outings over potluck lunch. New members are very welcome.

Healing Meditation

Convener: Nicole Hartrell 416.231.5477 nicole.hartrell@sympatico.ca

Learn how to do simple and guided meditations for self-healing. You will learn to do breath work to increase your own body's restorative process. Learn also how to use imaging for healing yourself at all levels: physical, emotional, mental and spiritual. All sessions will be led by Nicole Hartrell, who is a retired teacher and has 20 years of experience in therapeutic touch, reiki, chakra clearing and working with the angels of the light and archangels for healing. Nicole will host these sessions on a weekly or bi-monthly basis in her home. Each session will last one hour followed by light refreshments and the informal sharing of the meditative experience. Full schedule to be determined with input from the group and confirmed in the fall once group membership is finalized.

INVESTMENT

Five Star Investment Group

Conveners: Elinor Fillion 416.762.1479 e.fillion@rogers.com

Barbara Willoughby 416.767.0888 bmw41@sympatico.ca

Five Star Investment Group meets the 4th Wednesday of the month, nine times a year. Ongoing planning includes evaluating securities and applying this knowledge to the buying and selling of stocks. Participation requires a monthly contribution of \$50.00 and active involvement in the group's development of its portfolio. Access to the Internet is essential. New members, with or without experience are welcome.

GARDENING

Mudders

Conveners: Audra Hudek 416.233.6787 audra@hudek.org

A gardening group that meets on the 3rd Thursday of the month or alternative dates, depending on the event. New members are welcome.

ISSUES

Issues Group

Convener: Peggy Pinkerton 416.239.2517 pinkrtn@pathcom.com

New members are welcome to join this enthusiastic and concerned group that meets the 3rd Thursday evening at 7:30 to discuss issues of the day, and lobby government on issues relating to CFUW Resolutions.

TRAVEL

Travel I

Conveners: Dorothy DeHaas 416.236.2263 d.j.dehaas@rogers.com

Explore interesting parts of the world which our Travel I members have visited! Our talks are usually illustrated with slides or DVDs, then light refreshments are served. Meetings are held evenings of the 2nd Monday each month, from October to May - no meeting in December. We invite your enquiries regarding joining our group. Visitors are welcome when space permits.

Travel II

Conveners: Eileen Schillinger 416.626.1787

Mary-Louise Sutherland 416.626.7261

416.738.0203 mary-louise@sympatico.ca

New members are most welcome to join this group. Interesting and stimulating presentations take us to many corners of the world. If you enjoy armchair travel and would like to participate, you will be welcome. We meet the 3rd Thursday of the month at 7:30 p.m.

HOSPITALITY ANNOUNCEMENT

Our Hospitality Convener Elizabeth Penke will have a sign-up table at the September General Meeting. She is looking for people who will volunteer as greeters at a meeting, or who can assist with set-up or clean-up. She is also looking for people to assist with food at the December meeting. Most of the members who attend the meetings enjoy the time spent socializing with beverage and snack. We hope that some of you will volunteer and that many hands will make light work.

ENDOWMENT FUND CREATED FOR YORK UNIVERSITY:

Last November Marjorie Devine reported that the Associate Director of Development at York University had approached the Trustees of the Charitable Trust with the information that the Government of Ontario, in a Program "Ontario Trust for Student Support (OTSS)" has fifty million dollars available annually to match private donations to universities and colleges. This program requires a minimum donation of \$12,500. Thus, a \$12,500 donation by CFUW-Etobicoke would be matched by \$12,500 from OTSS.

This \$25,000 endowment fund would, in perpetuity, provide an annual award of approximately \$1,250 to a female student from Etobicoke.



Members of the Charitable Trust Committee display the CFUW cheque for \$12,500, made out to the York University Endowment Fund. Norene Turvolgyi, Jean Smolyn-Badke, Sharon McLeod, Cathy Sbrolla, Marjorie Devine.

Letter to
 York University Foundation
 Faculty of Liberal Arts and Professional Studies
 June 24, 2010

Dear Ms. Kadlick:

On behalf of the Etobicoke membership of the Canadian Federation of University Women, I am pleased to set up this endowment at York University in your awards program by enclosing herewith one cheque in the amount of C\$12,500.00.

The criteria for awarding these funds to your student are:

- An entrance award to someone who has successfully completed the Bridging Program and is a full-time first year student, (preferably a female student)
- In need of financial assistance for education

We would appreciate a note of acknowledgement, from the recipient of this award, to share with the membership of our club at a general meeting.

Please cash the cheque promptly as we would like our books cleared of any outstanding award monies, by June 30, 2010, if that is possible.

Should any questions or concerns arise, please feel free to contact me at (416) 742-2077.

Yours sincerely,

Cathy Sbrolla
 Awards Convener
 CFUW Etobicoke

INTEREST GROUP NEWS ...

DATE	BOOK	LEADER	HOSTESS
AFTERNOON BOOK GROUP			
Sep. 23	The Gate of Angels - Penelope Fitzgerald	Everybody	Joan Goodall

BOOKENDERS

Sep. 21	The Book Thief - Markus Zusak	Marianne Hamilton	Jean Graham
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BOOKWORMS EAST

Sep.28	Paris, 1919 - M. Macmillan	Judy McCormick	Jo Ann Marriott
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CANADIAN BOOK DISCUSSION GROUP

Oct. 6	My Darling Dead Ones - Erika de Vasconcelos	Jo Ann Marriott	Marlyn Stewart
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HORIZONS

Sep. 21	A Secret Scripture - Sebastian Barry	Catherine	Norene
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JAUNTERS

Sep. 21	Murdock's Toronto: Fact into Fiction Walk, guided by	Maureen Jennings.
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WALK & TALK SCHEDULE

Sept.. 7	Pat Witol	416.620.4065	Marney Showalter	416.769.9953
Sept. 14	Marjorie Devine	416.232.0565	Margaret King	416.487.2590
Sept. 28	Mary Anne Wright	416.233.3077	Moira Hoogeveen	416.233.5198
Oct. 5	Evelyn Silvester	416.233.1725	Elinor Fillion	416.762.1479

For the time and location of the walk, please call one of the organizers the day before. All are welcome, even if you haven't signed our roster. Bring a brown bag lunch.

CONDOLENCES to
Dorothy Peaker
 whose husband **Dr. Kenneth Rudyard Peaker**
 passed away recently.
 Members of the Club extend sympathy to Dorothy and her family.

Condolences
 It is with sadness we report the death of
MARGARET PEACOCK
 a member of our club for many years.
 On behalf of members of the Club we extend sympathy to Margaret's family
 A \$25.00 donation will be made by the Club, in her name, to the
 Elizabeth Sweet Capital Fund.