



**CANADIAN FEDERATION
OF
UNIVERSITY WOMEN
ETOBICOKE**

CFUW is committed to:

- ★ The pursuit of knowledge
- ★ The promotion of education
- ★ The improvement of the status of women and human rights
- ★ Active participation in public affairs in a spirit of cooperation and friendship

Volume 38

Issue 6

MARCH 2012


**GENERAL MEETING:
Refreshments: 7:30 p.m.
Meeting: 8 p.m.,
Thursday, March 8, 2012
Fairfield Seniors' Centre
80 Lothian Ave.**

**EXECUTIVE MEETING: 7:30 p.m.
Thursday, March 1, 2012
Fairfield Seniors' Centre**

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General Meeting: March 8 7:30 p.m.
**RESOLUTIONS
DISCUSSION**



Let YOUR voice
be heard!
See Page 2 and 5
for details

*The final submission date for the
APRIL/MAY issue of the newsletter will
be **Monday, MARCH 12, 2012**. Please
note that this is a **DOUBLE ISSUE***

*Please send any information to Moira
Hoogveen: mohoog@sympatico.ca*

For Membership Inquiries, please call
Virginia Marshall, or e-mail:
ginnymarshall@gmail.com To reach
our President Barbara Willoughby, please
call (number in roster) or e-mail:
bmw41@sympatico.ca.

IMPORTANT NOTICE

The newsletter will henceforth be posted
on our new website, and because of
privacy concerns, the executive has
decided not to print telephone numbers of
members in the newsletter., Please look
them up in your roster.

PRESIDENT'S MESSAGE...

I was glad to be able to welcome everyone at Fairfield on February 9th. When looking for an alternative location it becomes apparent that we have a very good meeting place. It is in a convenient location, the staff is very co-operative, and the rent is reasonable.

Our speaker at the February meeting, Neil Hetherington, from Habitat for Humanity brought such an encouraging message. As we see reports of the situation of the working poor in the city who have to go to food banks and live in substandard housing while struggling to pay the rent, it is reassuring to know that creative organizations are working within the system to find solutions. They are able to build a house for \$130,000 with a portion of the materials and land donated, and with the labour of many volunteers and the future homeowners. Their use of "radical common sense" and their successes in dealing with local government provide a model that should be pursued more widely. CFUW has policy on Affordable Housing. As stated in our 2012 CFUW brief to the Standing Committee on Finance:

CFUW calls on the federal, provincial, territorial and Aboriginal Governments to put in place a National Housing Strategy that provides affordable and safe housing to low income people and that addresses the housing crisis, curbs costs and helps lift lower income families from poverty.

Social housing programs are cost effective.

Affordable housing costs \$5,000 - \$8,000 per year/per person

Emergency shelters cost \$13,000 - \$42,000 " "

In late January Vice-President, Pat Ferbyack, Toronto Caucus Representative Avery Fleming, and I attended a meeting of the CFUW Toronto Caucus. The caucus of the six Toronto clubs was formed after the city was amalgamated. All present agreed that the caucus meetings are valuable and should be continued. For the last six years the caucus has operated on a minimal budget and it was decided that clubs would contribute 25 cents per member for caucus expenses, not necessarily an annual contribution. The caucus has been researching Early Learning and their work will soon result in a national CFUW campaign. Watch for details of a CFUW sponsored community meeting to be held in late April. The speaker will be the Hon. Margaret McCain, co-author of the third edition of *The Early Years Study: Making Decisions, Taking Action*.

There's no better place to be on International Women's Day than at a CFUW meeting, particularly our Resolutions Meeting. Come and join in the lively discussion of this year's six resolutions. The intents are published on page 5. *Please note, that we will begin our meeting at 7:30*. See you on March 8th.



Barb Willoughby

National CFUW

CARE CANADA INTERNATIONAL WOMEN'S DAY PROJECT.

This year, CFUW's partnership with CARE Canada focuses on the important issue of maternal health. Help make pregnancy and delivery safer for 30 million women in Africa, Asia and Latin America. Thanks to the strong relationship between CARE Canada and the Canadian Government, every dollar you donate to CARE's Maternal and Child Health Programming will be matched three to one. This means that every \$1 of your donation becomes \$4.

We'll collect at our March and April meetings.

ANNOUNCEMENTS...



GENERAL MEETING

Thursday, March 8, 2012
Refreshments and meeting at 7:30 sharp
Fairfield Seniors' Centre - 80 Lothian Ave.

RESOLUTIONS DISCUSSIONS

Vice-President Pat Ferbyack will chair the meeting which will start at 7:30 sharp with coffee and dessert. The discussion will take place as one group. A brief explanation of each resolution will be given by members of the Issues Group with a short discussion to follow.

Our task is to reject, accept or amend each resolution.

See Resolution Proposals on Page 5

Advance Notice: April Annual Meeting
Sounds and Memories of War of 1812

Ken Purvis

Historian, Musician, Curator at Montgomery Inn
Presentation on the Battle of York with Music
Help Celebrate the 200th Anniversary of the War of 1812.
Learn about the battle of York (Toronto)
Hear military music of the period presented by
Ken Purvis currently a curator at Montgomery's Inn

ADVANCE NOTICE, BANQUET

Thursday, May 3, 2012

Reception 6:00 p.m. Dinner: 7:00 p.m.

Hampton Golf and Country Club, 100 Scarlett Road

Guest Speaker: **DIANE DUPUY**

Founder of Famous People's Players

Topic: **DREAMS COME TRUE**

Menu

Baby Spinach & Blond Frisee Salad

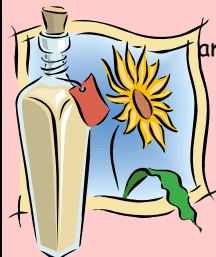
Stuffed Pork Tenderloin or Seared Northern Pickerel

Crispy Tuile Basket with berry medley

Tickets \$57.00 - Sales will start at our February General Meeting

Tickets sellers: Debby Wright, convenor

Carolyn Bailey - Diane Hercus - Lou Richardson - Betty Sheils - Evelyn Silvester



CFUW SCARBOROUGH

We look forward to meeting you at our Guest Night
March 19, 2012 7:00 p.m. Social hour - 7:30 p.m. Meeting

Speaker: **Allyson Latta**

"One Story at a time: Rediscovering your past through memoir"



Knox United Education Centre
2569 Midland Ave
(1 block north of Sheppard Ave.)

RSVP to:
aclsmith@sympatico.ca

CFUW BULLETIN BOARD AND NETWORKING TABLE

Please remember to read the information which is posted on our Bulletin Board at General Meetings. There is a variety of notices from our own club, The Ontario Council, CFUW National and IFUW. This board is located on the stage at Fairfield.



CONDOLENCES

To our President
BARB WILLOUGHBY

whose brother **BOB JODE** passed away recently.
Members of the Club extend sympathy to Barb and her family.

CONDOLENCES to **JUDY HARTLEY**

whose husband **BILL HARTLEY**
passed away recently.
Members of the Club extend sympathy to Judy and her family.



CFUW NATIONAL NEWS...

RESOLUTIONS PROPOSED FOR AGM 2012

The following are the proposed resolutions that our Etobicoke CFUW will discuss and vote on at our March meeting. **BE SURE TO ATTEND!!!**

Resolution 1:

CFUW Barrie & District

Retention of Women in Skilled Trades and Non-Traditional Occupations

Resolution 2

CFUW Halifax

The Inclusion of Women and Gender Sensitive Approaches in Efforts to Mitigate and Adapt to Climate Change

Resolution 3

CFUW Kincardine

Moratorium on the Construction of Industrial Wind Turbine Developments

Resolution 4

CFUW-Oakville

Toward a Mental Health Strategy for Canada

Resolution 5

CFUW-Ottawa

Full Accessibility and Barrier-Free Environments For Persons with Disabilities

Resolution 6

CFUW Richmond

Ensuring Food Security in Canada

Check out www.cfuw.org for the details. Background material can be found on the website at this address:

http://www.cfuw.org/doc/Proposed_resolutions_booklet_for_amendments.pdf

Ontario Council, Canadian Federation of University Women
 STANDING COMMITTEES
 LEGISLATION - EDUCATION - STATUS OF WOMEN
 Yorkminster Park Baptist Church
 1585 Yonge Street
 Saturday, March 17, 2012

Speaker:

Emanuela Heyninck,

Commissioner of Ontario's Pay Equity Commission
WAGE GAPS AND PAY EQUITY IN ONTARIO

Check In 9:00 to 10:00 a.m. Meeting Begins at 10:00 a.m.

Catering requires pre-registration

Any member is welcome to attend these meetings. Please contact Barb Willoughby

CFUW ONTARIO COUNCIL NEWS...

Ontario Council Standing Committee Meetings January 21, 2012

The morning's topic dealt with the impact of Climate Change on mental health. The presenter was Ashlee Cunsolo Willox, PhD candidate in the School of Environmental Design and Rural Development at the University of Guelph, and a social science researcher with special interest in the impact of climate change on aboriginal people. Her research has been in Rigolet, a small Inuit community in northern Labrador.

She began with background on the evolution of climate change, emphasizing the increasing speed of recent changes: in the past 30 years the rate of warming has doubled that of the previous 130 years, and the 10 warmest years on record have been since 2001. The change is most marked in the polar regions, as melting snow accelerates the absorption of heat, causing more melting. She followed this with recent history of the Inuit, outlining the effect of the one-two punch that has impacted them:

Government policies in the past 50 years which "for its own good" took a nomadic, land-based, shamanistic culture, subsisting on hunting and fishing, with a strong identification with the land and animals, and mandated for it settled communities, residential schools and a wage-based economy where there were no wages.

Changes in lifestyle caused by climate change. Warmer weather and decreased snow and ice coupled with more severe storms have adversely affected plants and wildlife, making hunting more difficult and unpredictable, and resulting in less time being spent on the land. This has resulted in dietary changes – the lack of wild food has driven people to store-bought food, which is extremely expensive, leading to unbalanced diets – and a more sedentary lifestyle. Previously unknown health issues – obesity, diabetes, gastro-intestinal problems, are rife. Social and emotional issues include loss of language, cultural assimilation and increasing marginalization. Masculine identity, formerly defined by hunting prowess and native skills, has been undermined.

The social disruption caused by these changes has had severe mental health impact on the community, resulting in depression, anxiety, anger, increased family stress, increased alcohol and drug use, increased attempted and successful suicide, disruption of the Inuit sense of place, a disruption described as being similar to that caused by the residential schools: "It's not home any more."

Ms. Willox's project is to document the Inuit experience through collecting stories, production of a video archive, and instructing individuals in the use of social media to raise awareness of their situation.
-Peggy Pinkerton

Ontario Council Standing Committee on Legislation

Following her presentation to everyone in the morning, Ms. Willox joined the legislation group for our afternoon session.

Ms. Willox's topic for this session was "Lament for the Land: Climate Change, Mourning and Grief". Her research has identified the mourning that occurs when a people lose their land and their lifestyle. We were asked to consider times we have mourned when the loss is not of a person. Examples from the group ranged from the loss of a beloved forest to the loss of life in a city that one had left. Ashlee pointed out that as the Inuit are losing the land and lifestyle with which they are familiar, they suffer grief and are in mourning. It is necessary for this grief to be recognized and acknowledged, not only by those experiencing it, but also by those of us living in the south. Ashlee showed us video clips prepared by the people in Rigolet, Labrador: "digital storytelling" and "photovoice" are methods used to allow people to express their loss. These can be found on YouTube by "googling" Rigolet Nunatsiavut You Tube.
more.....

As one considers these issues, it is important to take action to slow climate change as well as allowing and supporting the expression of grief and mourning among the people most immediately and directly affected by the changes that are occurring.

- Pat Ferbyack

Ontario Council Status of Women & Human Rights Committee

Christine Cooper, executive director of FAME (Family Association for Mental Health Everywhere), told us that mental illness is the number one health problem in Canada. It affects everyone, either directly (1 in 5) or through association with someone who is suffering from a mental illness. But it has a stigma attached to it. Four out of ten people in prison suffer from mental illness. The police tend to use tasers more on mentally ill people. They often don't know how to de-escalate a domestic situation involving a mentally ill person, too often resulting in death. Many of the homeless suffer from mental illnesses. Many provinces do not cover newer more effective drugs in their drug plans or may require a person to try less effective drugs first. It may take eight years to get to a point where a patient is being effectively treated. There is a shortage of psychiatrists and many plans will not cover therapists. The recent federal legislation providing compassionate leave for family members to take care of a very ill person does not include mental illnesses.

Seventy percent of people who are mentally ill live with family member(s). If family are involved in care there is less chance of police involvement or hospitalization and more adherence to treatment. FAME provides support to families and caregivers where any mental illness is an issue. FAME receives funding from the Ministry of Health through Local Health Integrated Networks (LHINs) with 18% covering administration costs and 85% for programming.

As well as providing confidential one-on-one support by telephone or in person, they have resource material, educational speaker series, family socials, newsletters and support programs. One very innovative program is fameKids for children 7-12 who have a family member with a mental illness. It educates and equips children with coping skills through artwork, discussion and games in a safe, kid-friendly environment. For more information see the FAME website www.fameforfamilies.com.

FAME has an annual fundraising event called SIMPLY DIVAS which sounds like a lot of fun. It will be Sunday April 29, 2012 in The Great Hall, 1087 Queen St. W, Toronto from 1:00 to 5:00. Students from the Etobicoke School of the Arts channel their divas (e.g. Barbra Streisand, Tina Turner, Edith Piaf) in wonderful performances, combined with food and drinks. Tickets are \$50. www.simplydivas.ca to order.

- Joanne Jamieson and Linda Rose

Ontario Council Standing Committee on Education

The topic at the Standing Committee on Education was Bill 13: An Act to amend the Education Act with respect to bullying and other matters. Bill 13 seeks to include and define bullying in the Education Act. In 1998, CFUW agreed on policy to urge the government to:

1. take effective action to counter all forms of violence at school and ensure the security of all those at risk
2. develop awareness of the need to counter all forms of violence, ranging from bullying to sexual aggression

OC president Myra Willis and secretary Elizabeth Haynes led a discussion of Bill 13 and then the group worked on a letter that could be sent by clubs to their MPPs. This exercise provided useful guidelines to consider when writing to elected members in support of CFUW policy. The letter in support of Bill 13 is available on the OC Council website, cfuwontocouncil.ca.

There was also a follow up on the funding of Ontario post secondary education, student debt load, and actions of the Canadian Federation of Students – Ontario.

- Barb Willoughby

CFUW ETOBICOKE NEWS...

AWARDS COMMITTEE PROPOSAL 2011/2012

Education Awards:

University of Toronto

Two bursaries: 1) A first year bursary: \$ 1,200.00
2) A student who has completed at least one year 1,200.00

York University

One bursary: for a student who has completed at least one year: 1,200.00

Ryerson University

One bursary: A first year bursary: 1,200.00

Humber College

One bursary: For a student who has completed at least one year: 1,200.00

Total: 5 University awards 6,000.00

Community Awards:

Stonegate Community Health Centre 300.00

Next Door Family Resources 300.00

Total: 2 Community awards 600.00

Total Awards: 6,600.00

Proposal to put 600 into Humber Endowment Fund: 600.00

Total: 7,200.00

Submitted By: Cathy Sbrolla

Mary Howlett

Marg Gogarty

Marg Caughey

Beverley Judson

Award Recipients

These are the women who were the recipients of the Canadian Federation of University Women-Etobicoke Awards given in 2011:

Humber College Institute of Technology and Advanced Learning:

Anastasia Yageva third year Applied Business in Tourist Management

Ryerson University:

Nicoleta Kaludova first year International Economics and Finance

University of Toronto:

Angela Khidhar first year Life Sciences

Choi Moonsun second year Finance and Economics

York University:

Karen Tran second year Special Honours in Administrative Studies

THANK YOU to our Hospitality Helpers:

Many thanks to the members of Walk and Talk who baked and donated sweet treats for our Feb meeting :

Moir	a Hoogeveen, Margaret King, Joan Martin, Sandy
Marv	en, Jean Passi (the chocolate-dipped strawberries and
rasp	berries--yum!),
Marn	ey Showalter and Evelyn Silvester.
Lois	McDonald for the decorations and Pat Reynolds and
Kare	n Henderson for greeting.
-	Audra Hudak, Hospitality Convenor



INTEREST GROUP NEWS ...

DATE	BOOK	LEADER	HOSTESS
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AFTERNOON BOOK GROUP

Mar. 27	The Winner Stands Alone by Paulo Coelho	Sonia	Mary McM
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BGT LIT

March 6	People of the Book By Geraldine Brooks	Joanne C.	Pat R.
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BOOKENDERS

Mar. 20	The Mind's Eye by Oliver Sachs	Pat W.	Marge C.
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BOOKWORMS

Mar. 27	The Help by K. Stockett		Lee F.
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CANADIAN BOOK DISCUSSION GROUP

Mar. 7	The Day the Falls Stood Still By Cathy Marie Buchanan (will be present)	Helen D.	Lorna G.
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HORIZONS

Mar. 20	Freedom by Jonathan Frantzen	Kathleen L.	Norene T.
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JAUNTERS

Mar. 20: Planning Meeting 12 noon, at the Canadian Restaurant in Six Points Plaza. Organizer: Doreen Reial

WALK & TALK SCHEDULE

For the time and location of the walk, please call one of the organizers the day before. All are welcome, even if you haven't signed our roster. Bring a brown bag lunch.

Mar. 6	Jean Passi	Margaret King
Mar. 13	Elinor Fillion	Evelyn Silvester
Mar. 27	Shirley Scott	Margaret King
Apr. 03	Moira Hoogeveen	

MARCH CARD PARTY

**COME TO THIS ENTERTAINING EVENT,
HAVE FUN, AND RAISE MONEY FOR SCHOLARSHIP!**



Bring your friends...

Date: March 22 1-4 p.m.

at Fairfield Seniors' Centre, in the Library

A light lunch will be served

50/50 Draw

**PLAY CARD GAMES, PUT A PUZZLE TOGETHER
OR PLAY A BOARD GAME.**

Put together a table of 4!

Donations of baked goods needed. Call Audra Hudek

**THIS IS TO RAISE ADDITIONAL FUNDS FOR
STUDENT SCHOLARSHIPS**

Open to all the Community!!!

Cost \$20

For further information call Pat Joyce or Cathy Sbrolla



Here is an exciting fundraiser for our club, thanks to Angela Capobianco:

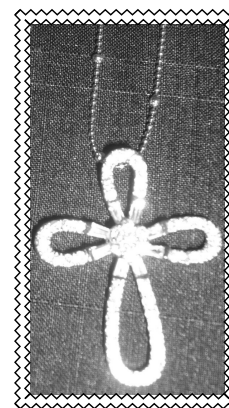
FUNDRAISER (10% of sale to CFUW Etobicoke)

JEWELLERY SALE:



The Classics:

Sterling Silver Bracelets, earrings and chains



Brand Name Styles:

David Yurman

Tiffany

New Inventory:

Hair Clips and Holders

Stainless Steel Chains and Crosses

Contact information:

Angela Capobianco

113 Stapleton Drive 416-245-4352



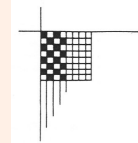
ERNESTINE'S WOMEN'S SHELTER
Presents the
23rd Annual
ERNESTINE AFFAIR
April 26, 2012

Dinner at The Old Mill

Reception 6:30 p.m., Dinner 7:30 p.m.
Silent and Live Auction

\$100.00, with a \$50.00 Tax Receipt

Our Club has always been a strong supporter of this event.
Help us make up a couple of tables!
For tickets, email or call Moira H.



Etobicoke Handweavers and Spinners Guild
is hosting a Show at Neilson Park Creative Centre, themed
'Got Attitude'. Come out and view the lovely hand crafted
items on display, some of which are for sale.
The show is on from **March 5 to March 18th in the Hall**
Gallery. Neilson Park Creative centre is located at 56
Neilson Drive, and the Gallery is open Monday to Saturday
from 9 am to 4 pm, Tuesday evening from 7 pm to 9 pm,
and Sunday afternoon from noon to 4 pm. For directions
see www.neilsonparkcreativecentre.com.

Dorothy Ley Hospice invites you to the

7th ANNUAL INTERNATIONAL WOMEN'S DAY BREAKFAST
at



Woodbine Entertainment - Northern Dancer Room, 5th Floor
555 Rexdale Boulevard, Toronto
Limited Tickets Available Now \$35 each

THURSDAY, MARCH 8, 2012
7:30 a.m. to 9:00 a.m.

Keynote Speaker
CAROLINE BRERETON RN, MBA
Chief Executive Officer

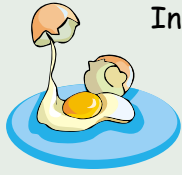
Mississauga Halton Community Care Access Centre (CCAC)

The future of home and community care

Honoured Guest:
DONNA CANSFIELD MPP Etobicoke Centre

To Purchase Tickets,
Please Contact Fran McBride 416-626-0116 ext. 234 /fmcbride@dlhospice.org

Laurel Broten, MPP Etobicoke-Lakeshore invites you to
International Women's Day Breakfast



Thursday, March 8, 2012
7:30 AM - 9:00 AM

Kalamata Restaurant & Banquet Hall
3473 Lake Shore Boulevard West
Etobicoke ON M8W1N5

The 11th Annual Out of the Cold Art Show is coming!

Once again we offer ORIGINAL ART by the homeless and poor.
Every Friday night since the season opened (in the basement of All Saints Kingsway
Church) in November, our artists have been working to produce their best art. We are
proud to mount this display and offer the art for sale.

Each work is for sale at \$25.00 (unframed) and all the proceeds go
directly to the artist.

Where: Downstairs in the auditorium at: All Saints'Kingsway Church.
2850 Bloor St. West at Prince Edward Dr. (enter by Kings Lynn)
Royal York Subway Stop.

When: Saturday, March 24, 2012: 11:00 a.m. - 3:00 p.m.
Sunday, March 25, 2010: 9:00 a.m. - 12 noon

Treat yourself to a new art piece!



From the office of Donna Cansfield, MPP March 12th, 2012

Seniors' Advisory Group meeting

Topic -CARP - Advocacy, Benefits and Community
2.30pm - 4.00pm, Richview Library 1806 Islington Avenue

If you would receive your newsletter by email, you would enjoy the colour and the
convenience. You can print it at home, if you wish, for easy reading, although at
the computer you can make it as large as you want. Please email Moira at
mohoog@sympatico.ca if you would like to try the electronic version.