# What We Do

# **Issues and Advocacy**

We advocate for changes to legislation affecting women and human rights at all levels of government.

## **Interest Groups**

We enjoy the company of other like-minded women in groups for reading, fitness, theatre, bridge, visual arts, movies, dining, family history, investment and more.

# **Charitable Trust**

We raise money for student scholarships and bursaries for women and girls at post-secondary institutions.

# Community

We serve our community by supporting local organizations like food banks and women's shelters.

# Membership

Membership is open to women interested in participating in the Club's activities who support our goals.



shelley P., small business owner

# What Is CFUW Etobicoke?

We are the Etobicoke Club of the Canadian Federation of University Women (CFUW). Our club is one of the largest of over 100 clubs across Canada involving over 9000 women.

CFUW is a self-funded, non-partisan, volunteer organization. We are also members of CFUW Ontario Council and the International Federation of University Women (IFUW) and Graduate Women International (GWI).

We are committed to pursuing knowledge, promoting education, improving the status of women and girls, and actively participating in public issues.

# **New Members Welcome**

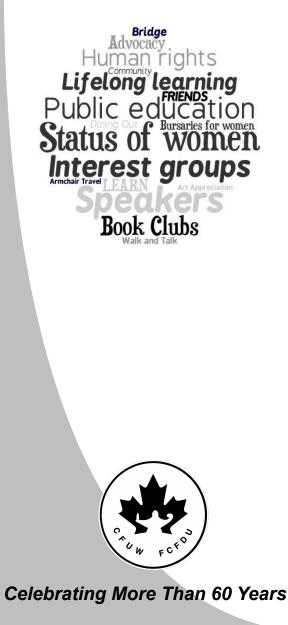
For more information visit www.cfuwetobicoke.ca or call our membership convenor at 416.259.3812 or email membership@cfuwetobicoke.ca

Learn more about CFUW at www.cfuw.org



#### Gail R., educator

# Canadian Federation of University Women Etobicoke



## Stimulating Speakers

Thought-provoking speakers present at our general meetings on the second Thursday of every month at Fairfield Centre, located at 80 Lothian Avenue. Meetings begin with a reception at 7:30 pm and a speaker at 8:00.

Past speakers include Terry Fallis (author and winner of the Stephen Leacock Memorial Medal for Humour), Christopher Hume (Toronto Star architecture critic) and Diane Dupuy (founder of Famous People Players). Local councillors and bureaucrats also speak at meetings about relevant issues.

For a complete listing of our 2015/16 speaker line-up, visit our website at www.cfuwetobicoke.ca

#### **Issues and Advocacy**

Advocacy has been an integral part of CFUW since its inception in 1919, and the organization plays a significant role in advocating for improvement in the lives of women and girls.

Our Issues Group researches, discusses and takes action through letters and meetings with elected officials.

I joined CFUW Etobicoke mainly for its reputation of being involved with local advocacy issues and for its strong connection to the MPP's local constituency office.

Joanne J., lab technician, U of T

### Learn And Meet New Friends

#### Bridge

Bridge is a great way to stimulate your mind and meet new friends. The number of bridge groups in our Club attests to its popularity—we offer social bridge, duplicate bridge and marathon bridge.

#### **Fitness and Health**

When it comes to walking regularly, it helps to have walking friends. Join the "Walk and Talk" group to meet weekly for an hour-long walk in the parks, usually in Etobicoke. Other fitness and health groups include badminton, healing meditation and weight loss.

#### **Gourmet Food**

If you're interested in exploring trends in gourmet food (or just want someone else to do the cooking), check out our "Dining Out" groups. And if you enjoy the adventure of cooking special foods, we have a variety of cooking groups.

Our members are adding new interest groups all the time. Visit our website at www.cfuwetobicoke.ca for the latest list.

I joined CFUW When I Was new to Toronto and find it an enriching experience, welcoming, informative and fun.

#### Diane S., real estate agent

#### Have Fun

#### Join an Interest Group

CFUW Etobicoke has more than 35 interest groups providing opportunities to learn, develop friendships and become more involved with the community.

Interest groups typically meet in members' homes or arrange tours to local points of interest every month from September to June.

#### **Book Clubs**

Six discussion book groups meet in the afternoons and evenings, and there is a 'revolving' book club without meetings. Both fiction and non-fiction books are selected from Canada and around the world.

#### The Arts

If you want to see a movie, play or gallery, but don't want to go alone, here's a solution: join one of our arts groups. CFUW members attend art galleries, live theatre, music concerts and dance performances.

# There are new interest groups to choose from:

Hiking in the GTA Flashlight Worthy Books Downtown Museum Hopping Revolving Books

