

**CFUW Etobicoke  
Executive Committee Meeting  
Thursday, September 7, 2023  
Fairfield, 3:00 pm**

<b>Facilitated by</b>	Cathy Holmes
<b>Minutes Taken by</b>	Lois Willson
<b>Agenda Location</b>	Email - Cathy Holmes
<b>Attendees</b>	Cathy Holmes, President, Joanne Jamieson, Past President, Adele Allan, Co-Chair, Interest Groups, Marilyn Goodchild, Hospitality, Jennifer Denomme, Co-Chair, Communications, Mary Hilborn, GM Recording Secretary, Martha Leger, Member-at-Large Lois Willson, Exec Recording Secretary
<b>Guests</b>	No Guests
<b>Regrets</b>	Sandy Marven, Membership: Pat Joyce, Membership-Social: Anita De Angelis, Membership-Data-entry: Mary Dodge Bovaird, Program Chair: Germaine Drury, Hospitality; Leslie Darling, Co-chair Communications; Sue Lattik, Co-Chair Interest Groups; Lori Bailey, GM Recording Secretary; Virginia Anderson, Member at Large, Maure Kentner, Advocacy Chair

# Topic	Discussion
1. <b>Welcome</b>	Welcome to the September Executive meeting
2. <b>Acknowledgement of the Land</b>	Presented by Mary Hilborn
3. <b>Acceptance of Agenda</b>	Accepted as presented.

4.	<b>Approval of the Executive Minutes</b>	Minutes – 2023-08-23 Approved as presented
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5.	<b>Approval of the General Meeting Minutes</b>	No General Meetings in June, July and August
6.	<b>President</b>	<p>Allyson Monaghan has requested an unpaid practicum with our club for the academic year for 200 hours (Attachment 1). It was agreed that this could be a good opportunity to get assistance with advocacy, the Fund-Raising Breakfast and other projects. However, it will require supervision and evaluation by CFUW.</p> <p><b>Action: Cathy Holmes to set up a Zoom call with Allyson in the evening of September 11, to determine what is required of us; suggested participants are Donna Bailey, Maure Kentner, Joanne Jamieson, Cathy Holmes and Lois Willson.</b></p> <p>It was proposed and accepted that the Executive Meetings be changed to the first Thursday of the month 7:00-9:00 p.m. to accommodate Sylvana Ho's schedule.</p>

7	<b>Action items from prior meetings</b>	<p>Land Acknowledgement - A revised version (Attachment 2) was developed by Mary Hilborn, Donna Bailey and Maure Kentner; this will be changed monthly to stimulate thought on how we can each participate in reconciliation. Each month's new version will be posted on CFUW website and published in the newsletter.</p> <p>Name tags - Martha Leger will set up a simple system for storing name tags alphabetically in boxes.</p> <p>Fairfield - We can set up a table for name tags in the corridor.</p>
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8	<b>Past President</b>	<p>Treasurer - Joanne Jamieson nominated Sylvana Ho as Treasurer.</p> <p>Motion: As Chair of the Nominating Committee, Joanne Jamieson moves that Sylvanna Ho be elected as Treasurer CFUW Etobicoke 2023-2024. No seconder required. All were in favour.</p> <p>As Sylvanna is donating her time and is not a current member, it was suggested that her membership fees be waived.</p> <p><b>Action: Sandy Marven to process membership.</b></p> <p>National Branding – Sessions are being held September 13 and 19, 6:00 p.m. for Clubs on the new national brand; a training session will occur on Oct 18 on how to use the brand locally; digital access will be made available to documents, business cards etc. We can continue using our stock until the new brand is implemented in November.</p> <p>Marketing for CFUW Etobicoke – Postcards were posted at the Olympium, the Rexdale Hub and Elmbank Community Centres. Some members have volunteered to post the postcards in their condos and other community spaces. Eatonville Public Library was willing to post our postcards but other libraries were not receptive as we charge a membership fee. Postcards will be available for pick up at the September meeting.</p> <p>Stop the Violence – Kathleen Wynne has agreed to be our speaker.</p> <p>Women’s Habitat – They are having a garage sale and are looking for donations; information is in the September 10 Meeting Reminder.</p> <p>Amber Morley – is having a fall festival October 1 where we can promote CFUW Etobicoke.</p>
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9.	<b>Communi-cations</b>	<p>Projector for Presentations at general meetings–</p> <p><b>Action: Cathy Holmes to arrange purchase of projector and 4 year extended warranty.</b></p>
10.	<b>Financial Report</b>	<p>Financial Review – completed by Committee; surplus for 2022-23 is \$1884.</p> <p>Operation Account Surplus and Surplus to Budget Proposal – Maure Kentner, Donna Bailey and Mary Hilborn developed a one-time proposal (Attachment 3) for our \$20,000 cumulative surplus. It was proposed that \$11,800 be split 50% to the Charitable Trust Fund of CFUW Etobicoke, 25% to CFUW National (National 60M Children) and 25% to First Nation Child and Family Caring Society of Canada or CFUW National Aboriginal Women’s Award. It was agreed that we need to distribute these funds but need more discussion regarding to whom they should be donated. We need to establish a process for this determination.</p> <p><b>Action: Discuss further at next meeting and resurrect the Fund-raising Committee.</b></p>

11.	<b>Membership</b>	Report by Cathy Holmes – 106 paid members to date with 1 new member.
12.	<b>Advocacy</b>	Report attached (Attachment 4)

13.	<b>Program</b>	<p>No report December Festive Gathering– only 66 can be accommodated at round tables.</p> <p><b>Action: To be discussed at the October meeting.</b></p>
14.	<b>Interest Groups</b>	<p>Adele Allen reports 31 interest groups operating of which one is new. Convenors are checking with prior members to confirm membership. Convenors will follow-up with members who have not paid. All 31 groups will be present on September 14. Sue Lattik is co-chairing and requests that she be included in all communications.</p>
15.	<b>Other business</b>	<p>Leadership – Both Cathy Holmes and Joanne Jamieson are finishing their terms this year, leaving President, Past President and Vice-President vacant. <b>Action: To be discussed at the October meeting.</b></p> <p>Idea Generation – Adele Allen suggested that some members of the Executive meet 30 minutes before each General Meeting with any interested members who have ideas or feedback about the Club. Some concern was voiced about what we would do with the suggestions since our leadership is already very busy. Adele feels they just want to be heard. Cathy said to go ahead if you can get volunteers from the Executive to do this.</p> <p>Scholarship Winner – There may be one at our September 14<sup>th</sup> meeting to speak.</p> <p>Documents – Adele Allen requested that documents be sent out in PDF as she has a Mac.</p>
16.	<b>Next Meeting</b>	Thursday, October 5, 2023 at 7pm, at Fairfield.
17.	<b>Adjournment</b>	5:08 pm

## ATTACHMENTS

### Attachment 1

80 Lothian Ave,  
Etobicoke, ON  
M8Z 4K5

August 18<sup>th</sup>, 2023

Dear President Cathy Holmes,

Thank you for considering my request to conduct a practicum placement with The Canadian Federation of University Women. I am a 4<sup>th</sup> year undergraduate student at the University of Toronto, Mississauga. From September 2023 – April 2024 I will be participating in an advanced-level practicum placement credit course (WGS 435: Women and Gender Studies Practicum). As part of this course, I am currently exploring options for securing a practicum site. The practicum is designed as an opportunity to contribute to the wider community while gaining new skills and experience for my future career in education policy and advocacy.

I have reached out to you because your organization's commitment to promoting and ensuring quality access to education for all women is something that I am equally passionate about and think that I can positively contribute to. My educational background in Sociology and Gender Studies has allowed me to obtain valuable theoretical knowledge about the learning gaps and ethical disruptions that exist for women of all identities. Through this, I have developed exceptional dependability, leadership, and research skills with assignments and projects related to analyzing education and gender inequities with strict deadlines. My work experiences as an administrative assistant and customer service representative have also developed my skills in public speaking, collaboration, and organization to meet collective team goals. Furthermore, your organization's values and mandate align well with my interest in education policy and advocacy as a future career.

After having reviewed your website, I believe I could make a positive contribution to your work in the Stop the Violence Breakfast program, or other similar community events, by aiding with meetings, research, and planning. That said, if you are interested in the possibility of hosting my practicum with your organization, I would be excited to hear about how you think I could best contribute to the important work you do at the CFUW.

For comprehensive details of my skills and experience, please see me attached resume. Should you wish to contact my references, please let me know and I will provide them. I am available to speak with you about this further or to conduct an interview if you wish. If you have questions about the practicum details or how the university supports our placements, please contact the course instructor directly: David Anderson at 647-534-3505 or [davidr.anderson@utoronto.ca](mailto:davidr.anderson@utoronto.ca).

Sincerely and with appreciation for your time,

Allyson

647-966-4923

[allyson.monaghan@mail.utoronto.ca](mailto:allyson.monaghan@mail.utoronto.ca)

## Allyson Monaghan

647-966-4923 | [allyson.monaghan@mail.utoronto.ca](mailto:allyson.monaghan@mail.utoronto.ca) | 44 - 7115 Rexwood Rd, Mississauga ON, L4T 4L4

### SUMMARY OF SKILLS & EXPERIENCE

Driven 4<sup>th</sup> year university student and customer service professional with experience in facilitating, maintaining, and supporting administrative functions and team objectives.

Committed to delivering effective communication and collaboration to achieve team goals

while building my skills and experience toward my interest in education policy and advocacy.

## **EDUCATION**

2020- present **BACHELOR OF ARTS**, University of Toronto, Mississauga

Expected graduation: April, 2024 | 3.5+ GPA

Major: Sociology | Minors: English and Women & Gender Studies

- Strong ability to analyze and assess scholarly research, meet deadlines, and produce informative presentations, essays, and summaries.

- High-level problem-solving skills to address complex issues that require critical engagement with contemporary data and valuable stakeholders.

June 2020 **SECONDARY SCHOOL DIPLOMA**, St. Thomas Aquinas Secondary School

- Enrolled in Drama Arts Program for four years | Honour Roll Student, 2017-2020

## **WORK & VOLUNTEER EXPERIENCE**

### **ADMINISTRATIVE & CUSTOMER SERVICE REPRESENTATIVE**

*Pinpoint Health, Etobicoke, ON | August 2022 – Present*

- Coordinating schedules for three chiropractors, five RMTS, and two physicians simultaneously, with daily 30 patient work load.

- Providing administrative support (e.g., filing, faxing, and scanning of documents).

- Providing data entry of confidential patient information with Juvonno Software, including patient records, orders, and e-billing with 100% accuracy.

- Effectively conducting in-person, over the phone, and email inquiries for over 200 patients while conciliating formal concerns and needs with referrals to services provided by the company.

### **FRONT END ASSISTANT & CASHIER**

*Fortinos, Etobicoke, ON | October 2021 – August 2022*

- Organized status sheets for department offices including managing \$10,000 in cash sales and deposits weekly for sales records and data.

- Greeted and engaged with customers in order to achieve customer satisfaction.

- Gained exceptional experience in time efficiency and multi-tasking with store upkeep while following safety guidelines.

**ALLYSON MONAGHAN | 647-966-4923**

2

### **RETAIL ASSOCIATE**

*Ardene, Etobicoke, ON | September 2020 – August 2021*

- Assisted manager with meeting inventory and sales goals by reviewing daily sales records and promoting store products.

- Able to work efficiently as a team, collaborating with 10+ staff to create a welcoming and productive environment for both customers and staff.

- Maintained store cleanliness and safety with special procedures related to store capacity and sanitization.

**COMMUNITY CENTRE ASSISTANT**

*Malton Community Centre, Mississauga, ON | January 2019 – April 2020*

- Volunteered in a leadership position by organizing and managing the Reading Buddies program independently for 20+ children to support their reading and writing skills.
- Received and updated data for library administration and assisted with general office responsibilities.

**AWARDS**

Dean’s List Scholar, University of Toronto, Mississauga, 2021, 2022, and 2023

**SKILLS & CERTIFICATIONS**

- Proficient in all Microsoft Suite programs (Word, Excel, PowerPoint, etc.).
- Skilled in social media-based marketing, editing, posting, and outreach, including Facebook, Instagram, and TikTok.
- Excellent public speaking, customer service, and time management skills.
- Ability to work as an enthusiastic team player.
- Excellent work ethic, emotional intelligence, and quick learner.

**Attachment 2**

**Land Acknowledgement – September 2023**

<b>Welcome</b>	<p>We begin our LA with the voice of Murray Sinclair who was the chair of the TRC of Canada: “The road we travel is equal in importance to the destination we seek. There are no shortcuts. When it comes to truth and reconciliation we are forced to go the distance.” Therefore, as Canadian citizens, we too must go the distance as we participate in seeking truth from which reconciliation may evolve.</p> <p>For this meeting we have based today’s Land Acknowledgment on the Land Acknowledgement of the University of Guelph as developed in consultation with The Aboriginal Resource Centre at Guelph University.</p>
<b>Treaty</b>	<p>We begin by acknowledging that the land on which we gather is the traditional territory of the Huron Wendat, the Seneca and most recently the Mississaugas of the Credit River, and which is still the home for many indigenous people from across Turtle Island. We offer our respect as we strive to strengthen our relationships with them.</p>
<b>General Comment</b>	<p>We recognize the significance of the Dish with One Spoon Covenant to this land. The Dish with One Spoon Covenant is a peace agreement made among Indigenous nations before the Europeans arrived. It characterizes</p>

	our collective responsibility to each other and Mother Earth – we should take only what we need, leave enough for others and keep the dish clean. Today, this gathering place is home to many First Nations, Métis and Inuit peoples and acknowledging them reminds us of our important connection to this land where we learn and work.
<b>Personal Question</b>	(Pause) How does this LA compel you to take action this month?
<b>Club Commitment</b>	(Pause) Our CFUW Mission Statement commits us to strive to promote equality, social justice and lifelong learning. That includes working towards truth, healing, justice and reconciliation. Please join in this action to increase your understanding of the Land Acknowledgement.

Attachment 3

**Operation Account Surplus and Surplus to Budget**

**Proposal for Distribution**

**Thursday, September 7th, 2023**

**Introduction**

This proposal for the Operational Account surplus and 2022-2023 surplus to budget has come through discussions among Mary Hilborn, Donna Bailey and Maure Kentner.

**Proposal for distribution of the Present Operational Account Surplus and the 2022-2023 Surplus to Budget**

**It is proposed that the surplus to the budget and excess in the operational account be distributed in the following manner:**

**Possibilities of Split:** The presenters of this motion hope that all of the surplus as indicated will be put into action supporting our Mission and Vision statements.

Total Amount Distributed	Charitable Trust of CFUW Etobicoke (%)	Charitable Trust of CFUW Etobicoke (\$)	CFUW (National) 60m Children (%)	Charitable Trust of CFUW Etobicoke (\$)	Indigenous Choice (%) (see notes re: suggested choices)	Indigenous Choice (\$)
\$11 180.00	50%	\$5900.00	25%	\$2950.00	25%	\$2950.00

Notes	Strongest Commitment - Ample money left in operational account for the year and emergency fund of 6 month plus; Club money in action; significant donation size to assist any organization					
\$10 000.00	50%	\$5000.00	25%	\$2500.00	25%	\$2500.00
Notes	Very Strong Commitment - Leaves more in the operational account but clearly indicates strong action on the part of the Club; significant donation size to assist any organization					
\$6 000.00	50%	\$3000.00	25%	\$1500.00	25%	\$1500.00
Notes	Medium Strength Commitment - Operational account secure but remains above recommended amount for NGO organizations – 1 year operational +6 months emergency funds					
\$3000.00	50%	\$1500.00	25%	\$750.00	25%	\$750.00
Notes	Minimum Strength Commitment – Operational account very secure but remains above recommended amount for NGO organizations – 1 year operational +6 months emergency funds					
900.00 Surplus to Budget Only	100%	\$900.00	0%	\$0.00	0%	\$0.00
Notes	Traditional Commitment - Traditional action of CFUW Etobicoke to split amount into 50% to Charitable Trust of CFUW Etobicoke leaving remainder in the operational account					

**What is a surplus and how has it traditionally been used?**

- Surplus is money not required for immediate administrative use by an organization

- This proposal concerns two different surplus amounts – surplus to the 2022-2023 budget and the surplus in the operational account not needed for the operations of 2023-2024 including 3-6 months emergency fund
- Recommended by CRA that NGOs have anywhere from 3-6 months of operational money in their operational account at any one time

### **Rationale for Proposal**

- Healthy surplus for a number of years past - tradition of 50% be given to Charitable Trust
- Money in the surplus to the budget and in the operational account within the Club should be in “active” use and not resting in the account
- The next year is in a healthy financial situation - no budget challenges are evident in the near future
- Membership fees are sufficient to cover existing operational expenses
- The donation is a one-time only proposal;
- Club has more than the expected 3-6 month emergency fund expected for an NGOs
- Use of the surplus demonstrates our Club Mission and Vision statements in action, rather than lie dormant throughout this year.
- The donations make visible to ourselves and our communities - locally, nationally and internationally - that CFUW Etobicoke is acting in accordance with the Mission and Vision statements of CFUW
- The Truth and Reconciliation Commission has called everyone in Canada to action through the 94 Calls to Action. This is a unique opportunity to do what Indigenous Peoples are asking us to do
- With this proposal CFUW Etobicoke is being diligent, vigilant and persistent in our support of community organizations and individuals in need
- Many Indigenous and International communities and associated organizations are struggling to fulfill their community's needs due to inadequate resources
- The suggested recipients for this surplus fund proposal are those that honour and support programs for women and children
- This proposal honours the commitment of past members to our Club who helped develop and maintain a healthy budget
- It is a manifestation of our belief in the lives of others
- The Indigenous and International donations are evidence to the community that CFUW Etobicoke is committed to the health and welfare of women and girls far beyond Etobicoke/Toronto.
- It enhances the content of our current marketing activities
- The current state of local, national and international economies indicates that surplus money be put to appropriate uses now to support other communities/organizations
- As Canadian citizens, it is our in our character to contribute to the greater good
- Note: As much as possible within the organization, a specific program will be designated for the funds

### **Motion to Executive**

**Moved THAT the Executive approve the distribution of the surplus to budget amount and the surplus to the operational account in the following proportions: Charitable Trust \_\_\_\_\_, 60m Children \_\_\_\_\_, and, First Nations Child and Family Caring Society of Canada or CFUW Aboriginal Women’s Award (AWA) \_\_\_\_\_.** Mover: Mary Hilborn

### **Our Criteria for Selecting These Organizations**

- Will our money make a big difference?
- Is the focus on youth and children especially women and girls?
- Is the organization's website up to date?
- Is an annual report available?
- Is there a Board of Directors?
- Do they have a charitable tax number?
- Do their values align with those of CFUW?
- Is there a feeling that there is forward: thinking with their programs and intentions?
- Are there specific programs to initiate and develop or is there just general development in already established programs?
- Can we see the names of some of the sponsors of the organization?

### **Suggested recipients of the Surplus Amount**

#### **1. The Charitable Trust of CFUW Etobicoke**

- Traditionally used to support the Club’s Charitable Trust

#### **2. 60 Million Children - CFUW International Relations Committee International Service Project (ISP) for 2023-2024**

- Amount Suggested: \_\_\_\_\_
- CFUW (National) International Relations Committee believes in the importance of advancing gender equality worldwide. CFUW has a long tradition of advocating for the education, equality and health of women and girls worldwide.
- <https://cfuwadmin.org/take-action/international/>
- "She Belongs in School" - A project of 60 Million Girls Foundation.
- 60 million girls is a Montreal-based, public foundation dedicated to girls' education in developing countries.
- Wanda Bedard, founder/president, establishing the foundation in 2006. "We strongly believe in the need to support education for all children, regardless of gender, wealth, or place of birth, to create a more just and balanced world."
- <https://60millionsdefilles.org/en/>
- "The beneficiaries for She Belongs in School will be adolescent girls (approx. 16 -19) living in remote communities. Approximately 150 girls each year will be able to complete their schooling due to the Mobile Learning Lab. These girls would otherwise not be able to go to school. With the mobile learning lab (LAM), school is brought to them! The "Mobile Lab includes a server (Remote Area Community Hotspot for Education and Learning or

RACHEL) which is the hotspot for isolated communities with regard to education and learning and which can save 1 TB of data, several tablets or other devices for users, as well as a solar panel. Educational resources can be uploaded to the RACHEL to allow users to access the information through a Wi-Fi connection without Internet connectivity.”

### **3. Indigenous Options (2)**

#### **A. First Nations Child and Family Caring Society of Canada**

- Cindy Blackstock, PhD (Social Work), Executive Director; office in Canada
- Mission Statement - Provide reconciliation-based public education, research and support to promote the safety and wellbeing of First Nations children, young people, families and Nations.
- Each year awards and scholarships are given out based on applications received. Available to anyone, a database and related links to education resources, information sheets, reports, guides, films, booklets, and more.
- <https://fncaringsociety.com/about>
- Aligns with our vision and mission statement as with our purpose of our Charitable Trust
- <https://fncaringsociety.com/what-you-can-do>
- <https://fncaringsociety.com/sites/default/files/2022-10/FNCARES%20Annual%20Report%202021-22.pdf> -- The annual report does not show financial information.
- <https://fncaringsociety.com/sites/default/files/2023-01/Caring%20Society%20Membership%20Form%20%28EN%29.pdf> - The club could become an Associate Member for \$1000.00

#### **B. CFUW Aboriginal Women’s Award (AWA)**

- In March 2015, the Education Council-Wolfville transferred the proceeds of their education fund to the CFUW Charitable Trust to establish a new award, the CFUW Aboriginal Women’s Award (AWA).
- This award was designed to honour Dr. Marion Elder Grant’s life-long commitment to education of women. Dr. Grant has an outstanding record of leadership as the 11th CFUW President (1949-52), CFUW Wolfville President, and Dean of Women and Professor of Psychology, Acadia University.

- <https://cfuw.org/fellowships-awards/list-of-fellowships-and-awards/>  
(scroll down to the AWA award)
- For the 2022-2023 academic year, the value range of the award is \$10,000 – \$25,000 and the award is renewable. An applicant for the CFUW AWA will be considered eligible on the basis of the following criteria:
  - Canadian Aboriginal woman
  - Studying in Canada
  - Holds or will hold an undergraduate university degree or equivalent before the CFUW AWA for which she has applied is granted
  - AND
    - § Must have applied to be a full-time student in any year of an eligible program at a recognized or accredited Canadian postsecondary degree-granting institution
    - § Eligible programs: are the academic programs for which a CFUW AWA Applicant may be studying. They include:
      - Programs leading to a first degree in law – Bachelor of Laws (LL.B.); Juris Doctor (JD).
      - Programs leading to the following degrees in medicine – Medical Doctor (MD); Doctor of Optometry (OD).
      - Programs leading to qualifying for a license to practice as a Nurse Practitioner in the province or territory of the graduate’s choice.
      - Programs leading to a Master’s degree in fields dealing with important Canadian aboriginal issues at the time the AWA is given as defined by the most recent Canadian report by the United Nations Special Rapporteur on the rights of indigenous peoples. For report details [CLICK HERE](#).

## Attachment 4

### **Advocacy Report – 2023-09 – for the Executive Meeting**

1. An individual from Advocacy will make an announcement to the general meeting each month. This announcement will concern particular issues of note in the news or on-going issues and resolutions as they come from OC or CFUW (National) in the spring.
2. In the September newsletter there was an issue with September 30<sup>th</sup> and the material did not link. This will be announced at the September general meeting.
3. The Greenbelt is very much on the minds of people in Ontario so this will be shown as a Logo in the newsletter as long as pertinent.
4. The Call to Action will go out each month in the newsletter but the format and issues to be covered are still under discussion.
5. At the Ontario Council level the issues for Advocacy are
  1. Ow to advocate with a majority government
  2. Greenbelt
  3. Violence against women
  4. environment
6. **Ontario Council Speakers Series** Dates for 2023-2024 · Saturday October 21, 2023 · Saturday November 25, 2023 · Saturday February 24, 2024
7. **CFUW National**
  - a. Environmental racism and justice
  - b. Gun control
  - c. Gender violence
  - d. Indigenous

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The following information from CFUW can be passed on to Club members if they are interested.

### **National Indigenous Peoples' Day**

#### **Celebrate National Indigenous Peoples Day!**

June 21 is National Indigenous Peoples Day. This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of [First Nations](#), [Inuit](#) and [Métis](#) peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples.

Although these groups share many similarities, they each have their own distinct heritage, language, cultural practices and spiritual beliefs.

In cooperation with Indigenous organizations, the Government of Canada chose June 21, the summer solstice, for National Aboriginal Day, now known as National Indigenous Peoples Day. For generations, many [Indigenous peoples and communities](#) have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year.

[Read more about National Indigenous Peoples Day](#)

#### **Wondering how you or your club can honour Indigenous Peoples in Canada?**

📣 **Attend an event** by the local Indigenous community, bring an offering (like tobacco), and [know the protocol](#) to be respectful when attending an event like a powwow. Celebrating and amplifying Indigenous cultures is a way to contribute to its preservation.

#### 📣 **Educate yourself**

📣 Read the [Truth and Reconciliation Commission](#).

📖 Read many of the [amazing books written by Indigenous authors](#)

📖 **Donate to an Indigenous organization**

1. [Indian Residential Survivors Society](#) – The IRSS provides support services to Indian Residential School Survivors, students, and intergenerational survivors.
2. [Raven Trust](#) – Raven Trust provides access to legal services and justice for Indigenous causes.
3. [True North Aid](#) – True North Aid provides humanitarian assistance to Northern Communities.
4. More ideas for [Canadian-registered Indigenous charities here](#).

📖 **Engage in advocacy:**

5. Join a march and the calls for justice for Missing and Murdered Indigenous Women, Girls, and 2SLGBTQIA+ people on October 4th (Sisters in Spirit Day)
6. Work with your local government to honour local Indigenous history by increasing visibility of Indigenous culture and languages on city street names, at city council, in city arts and culture.
7. Write to your MP or MPP about issues affecting local Indigenous communities and demand the inclusion of Indigenous Peoples in decision-making processes.

📖 **Save the date:** *October 4th, 2023, Sisters in Spirit Day* – CFUW's Indigenous Issues Sub-Committee will be hosting a special webinar with Judge Marion Buller focused on Missing and Murdered Indigenous Women, Girls, and 2SLGBTQIA+ (details to come). Think ahead to how your club can honour this day.